



CT Saves Week: Workshops at *American Job Centers* Focus on Career and Financial Goals; Saving Money

February 8, 2018 – In recognition of *Connecticut Saves Week*, a special workshop offered at four of the state's *American Job Centers* will focus on the importance of saving money, strategies to reach career and financial goals, and understanding credit reports.

The free workshops are coordinated through the *Connecticut Saves* campaign. Pre-registration is required and can be made online at www.cthires.com. For more information contact Christine Flammia at Christine.flammia@ct.gov or 860.952.1708. Workshops will be offered at the following *American Job Centers*:

- Wednesday, February 21: 1 to 3 p.m. at the **New London** *American Job Center*, Shaw's Cove Six – 860.439.7400
- Tuesday, February 27: 9 to 11 a.m., at the **Hamden** *American Job Center*, 37 Marne Street – 203.859.3200
- Tuesday, February 27: 1 to 3 p.m. at the **Bridgeport** *American Job Center*, 2 Lafayette Square (GPS users: 350 Fairfield Avenue) – 203.455.2700
- Thursday, March 1: 9 to 11 a.m. at the **Hartford** *American Job Center*, 3580 Main Street – 860.256.3700

"These workshops are designed to help individuals and their families take charge of their educational and career goals by providing budgetary guidance that will lead to future success," said Labor Commissioner Scott D. Jackson. "Whether the plan is to purchase tuition and books, buy a car to get to work, or start a savings plan, the end goal is improving economic security and employment opportunities for our residents."

"It is important for everyone to take some time to look over their budget and determine ways to manage their debt and begin saving toward financial security," said Banking Commissioner Jorge Perez. "This workshop is an excellent opportunity to learn ways to help manage your credit and work toward your financial goals."

Attendees will learn about determining their family financial priorities, practical ways to reduce expenses, strategies for saving, and tips for staying motivated through an interactive session provided by Faye Griffiths-Smith, Family Economics and Resource Management Educator with

-more-

UConn Extension. Kathleen Titsworth, Outreach Coordinator with the Connecticut Department of Banking, will explain what is in a credit report, and how to correct any errors that might negatively affect your credit.

For more information about the *Connecticut Saves* campaign contact Faye Griffiths-Smith, *Connecticut Saves* campaign coordinator at faye.griffiths-smith@uconn.edu or 203.407.3160.

As part of the campaign, people will be encouraged to take the *Connecticut Saves* online pledge and commit to saving regularly for a personal or family goal. More information about the campaign and special events can be found by visiting www.connecticutsaves.org.

The Connecticut Saves Week campaign is coordinated by UConn Extension and partners include the Connecticut Department of Banking; the Connecticut Department of Labor; Connecticut State Library; Hartford Job Corps Academy; People's United Bank; Human Resources Agency of New Britain, Inc.; Connecticut Association for Human Services; the Better Business Bureau Servicing Connecticut; Chelsea Groton Bank; Community Renewal Team; and others.

###

Media contacts:

Faye Griffiths-Smith
Family Finance Educator
UConn Extension
203-407-3160

Kathleen Titsworth
Outreach Coordinator
Connecticut Department of Banking
860-240-8176

Nancy Steffens
Communications Director
Connecticut Department of Labor
860-263-6535